

Appetizing Fish Course

By CONSTANCE CLARKE.

hard boiled eggs, some shrimps, CAPER SAUCE-For one cup of

kettle with sufficient salted water to and use.

THE average cook does not give cover it. Do not let it quite boil, as enough thought and care to serv. the skin is very liable to split, and ing fish temptingly. We have all met, that spoils its appearance. By the with that most unappetizing dish, the side of the fire it will be done when overcooked fish carelessly put on a the fin bone is loose. Dish it on a dish, and then covered with badly hot dish, heads and tails alternately, made sauce. The same dish might and garnish with French fried potahave appeared both dainty and ap- toes, lemon slices and parsley. Platn petizing had it been carefully cooked, melted butter used to be the usual placed neatly and in a compact shape accompaniments to boiled mackerel; on the dish, served with a good, well- but caper, tomato or anchovy sauce seasoned sauce and garnished with is now more often served with it

chopped parsley or paprika pepper. melted butter take one tablespoon-This all gives a desired finish and ful of French capers, one dessertadds but a fraction to the cost. spoonful of the vinegar from the Cleanse the inside of a mackerel capers, a pinch of salt, and a dust of thoroughly, and lay it in the fish paprika pepper; mix well together

To-morrow-Temptation in Cakes-Orange Cream Layer Cake. Copyright, 1916, by International News Service.

The Daily Novelette ABDUCTED.

Cold freezy winds the winter make. Who'd think 'Iwas July fairt usust now seems the month to shake Divorced Wife Takes Back

LL the stars were out, and the moon was full to overflowing. The sounds of night were in the

They liven your liver and bowels and clear your complexion.

Don't stay headachy, bilious with breath bad and stomach sour.

Get a 10-cent box now.

To-night sure: Take Cascarets and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Cascarets will liven your liver and clean your thirty feet of bowels without griping. You will wake up feeling grand. Your head will be clear, breath right, tongue clean, stomach sweet, eyes bright, step clastic and complexion rosy—they're wonderful. Get a 40-cent box now at any drug store. Mothers can safely give a whole Cascaret to children any time when cross, fewerish, billious, tongue coated or constipated—they are harmless—Adv.

"Why Swear, Dear? Use 'Gets-It' for Corns!"

's the New Plan. Simple. Sure as *Why, John, I never knew you to such language! I've told you second place, she announces that the recal times it's no use to try those



on Wouldn't Lose Your Temper, John, You Used "Gets-It" for Those Corns!"

Now Used Gets-It" for These Coras:

draptions for corns. Here's some
ds-It'. It's just wonderful how easy,
ear and clear' it makes but a few gecis to apply. It dries at once. Put
ur sock on right over it—there's
thing to stick or roll up, form a
noile of your too, or press on the
n. It's painless, simple as rolling
a log. Now put away those knives,
over and scissors, use Vets-It' and
fil have a sweeter disposition and
more corns and callunes."

Jets-It' is sold by druggists everyere. Esc. a buttle, or sent direct by
Lawrence & Co., Chicago, III.—Adv.

14 YEARS Ago Today
The Herald of This

walked out on strike today and the manager of the telegraph company promptly accertised for new ones to fill their places. The hoys won the strike, however, by wait ing several hours, when their pay was increased from \$15 to \$17.50 per month The trouble, it is said, came when the management of the company abolished the old wave scale and hald them so much per message, which was objec-tionalble to the employes.

Misses Anna Shelton and Lenise Wil-cox have returned from the state nor-mal at Austin.

Willie Marr left this morning for Sania Rosalia hot springs, where to will spend a month.

Elfego Baca, of Socorre, N. M., will locate in El Paso shortly. He is a member of the New Mexico bar. About 100 enthusiastic sports jour-neyed down the valley yesterday to witness a race between a horse owned by Tem Powers and one owned by F. T. Zimmer.

HOROSCOPE.

Horoscope, Friday, August 4, 1916, 10 luck attends today, according astrology. The sun, Uranus. ond "I'll make it a dollar seventy-five" cried Jones recklessly, and there was a sound of a heavy body being helped over a high hence.

Husband With Tuberculosis

agreese found two grown sors and a former wife of the sich man from whom he had secured a divorse.

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California to be photographed. In the second place, she announces that the name "Mary Anderson" must not be used on any advertising matter. Miss abderson dial not say the pictures should not be exhibited after being filmed, but it may be surmised that, if pressed, she might have done so.

The announcement came as a reply to the offer of Triangle-Eine Arts officials. An enormous salary was offered, it is reported. As the producers were swilling to go to Europe to take the pictures, and disliked the idea of not advertising their wares, negotiations were called off. According to present indications, it will be some time before Miss Anderson is seen in photoplays.



HOW DO THEY DO IT?



Bedtime Story For the Little Ones UNCLE WIGGILY AND THE RATS.

exclaimed Uncle Wiggliy was locked. Then he took out some hit gentleman, one day, as he walked out of his hollow stump farm house and stood is front of the cornerth. The is very strange.

"What is" maked Nurse Jane Furny Wurzy, the muskrat lady housekeeper, as the stood on the front stoop drying as the stood on the front stoop drying as the corn you want for you may have all the corn you want for your family.

prayers all the way over that a retake would not be necessary.

The Girl of Prenney, another of the productions in which Audrey Munson, the famous model, is featured is bear great, full of ambition and ready in for work or play. It's harmless, pleasing from studies and select of the Audrer Munson, the famous model, is featured is pears and and safe to cive to children; they make the Audre Munson, the famous model, is featured is near and and safe to cive to children; they make the Audre Munson, the famous model, is featured is near and and safe to cive to children; they make the would like the Audre Munson, the famous model, is featured is near and and safe to cive to children; they make the audre studies and the featured is near the form of the manner in which the collisions of the plants of the state munt be follows.

The Hersford's Acid Phesibiate
One of the field against the to child feature which the drinking water upon the drinking water upon the kinds and to show you this we countly with the collisions. The inetal cup is a follows.

The upper half of the glass must be falled and the order that a first make the plant of the which the which and the collisions.

The upper half of the glass must be falled and the order that the order the glass of the glass

BY HOWARD R. GARIS.

Beauty Chats By Edna Kent Forbes

Soothing Face Wash

while traveling. It seems to work out on my skin and makes it feel shiny and greasy, though, of course, it does fill the pores, and does prevent plenty of dust from settling in beautiful from a distance, but close up, not very pretty. It is but for the eye, too.

After Days in a motor or on a train, them. However, it is really necessible skin of the face begins to feel sary to earry a tube of good cleansparched, the pores show up large and ing cream along, to clear this soot ugly with black dirt in them, the and grit from the skin after a trip, and I have found this effective and spothing.

Fill a tumbler with water, add a tablespoonful of vinegar, any pure kind, and a lump of starch about as large as a small walnut. Mix well, and wipe over the face with an old handkerchief or soft wash cloth. The vinegar cleanses and soothes, the starch enters the pores and absorbs the dust-laden grease in them. The starch acts as a bleach, too, but the little used in this wash does not

count.

In fact, I have found this so refreshing, that I carry a small bottle
in my sultcase, and often in the middle of a trip I wet a handkerchief
and wipe off my face with my starch
and vinegar wash. Dirt and grease come away on the cloth, leaving the skin clean and fresh looking. Try it. Olive oil is also a good cleanser. But oils or creams appeal to me little in hot weather. A cool wash seems infinitely cleanlier. Perhaps this is because the hot days draw so much natural oil to the surface of the skin.

Questions and Answers

I am subject to consumt summer colds, which take a lone time to care and which leave me weak and miserable. Please give me weak and miserable. Please give out of your department.—Flora R.

Repli—I will gladly belo if I can, whether or not this can be regarded as a beauty query. To present the colds you must harden yourself to changes of temperature, a hot bath followed by a fairly cold above will do this effectively. Short, fast swims will also harden your skin. To cure a cold, nothing is more effectively and the cold shown and sweat the cold off. Becauti to cool off afferwards without exposure. A few hours nap will often cure the most obstinate case.

Can the eyes be made larger artificially!

Copyright by George Matthew Adams

man, who will leave on a vacation of 15 days. Capt. W. D. Greet, who is now in California, is also expected to return within a short time, and will assume his regular position as day captain of the police station. Acting Capt. Will-liam Simpson will handle the night shift until the return of Capt. Greet. ----

HEADACHES

Thousands of men and women suffer from beadaches every day, other thousands have headaches every day, other thousands have headaches every week or every month, and sim others have beadaches pecasionally, but not at regular intervals. The best Doctor is often unable to find the cause of many of these headaches, and in most other casse, knowing the cause, he does not know what will remove it, so as to give a permanent cure. All he can do is to prescribe the much pain relievers, which give temporary relief, but the headache returns as usual, and treatment is again necessary. If you soffer from headaches, so mather what their nature, take anti-ramma tablets, and the results will be satisfactory in the highest degree. You can obtain them at all drangings in any quantity, see worth, the worth or more. Ask for a K Tablets.

SICK-HE ADACHES.

SICK-HEADACHES

Sick headache, the most miserable of all sick-nesses, lesses its terrors when Ark Tablets are taken. When you feel an attack coming on take two tablets, and in many chose, the attack will be warded off. During an thack take one Ark Tablet every two hours. The rest and comfort which follow, can be obtained in no other way.

Genuino A.K Tablets bear the K mone-gram. At all druggists.